

# Things You Need to Bring for an Overnight trip

Plan to pack your gear in our soft duffel bag. We can supply these duffles at no charge upon request. Limit your gear to about 20 pounds please. Adjust this list for your individual trip.

## CLOTHES

- 1 pair comfortable camp shoes
- 1 pair hard soled boots
- 2 pair of socks
- "moleskin"-especially if your shoes are new
- underwear and T-shirts as needed
- 1 pair long johns(not cotton)
- 1 light weight shirts(long sleeves)
- 1 pair denim jeans- if you are a hiker- hiking shorts and or pants
- 1 warm jacket
- 1 rain slicker or complete rain suit
- 1 knit stocking cap
- 1 hat with brim(cowboy or baseball)
- 1 pair gloves

## PERSONAL NEEDS

- toiletry items
- 1 washcloth
- 1 small towel
- prescription medications/vitamins
- sunglasses and/or prescription glasses
- sunscreen
- lip balm
- insect repellent

## MAJOR ITEMS

sleeping bag with stuff sack and sleeping pad-we recommend fiber fill II with a temperature rating of at least 20 degrees

## MISCELLANEOUS

- water bottle
- camera and equipment/lots of film!
- flashlight and extra batteries
- fishing pole and tackle
- small repair kit: needle, thread, safety pins, etc.
- PLEASE DO NOT BRING: guns, pets, portable radios/players, computers, cell phones, etc....
- You may rent sleeping bags and foam pads for \$30.00 per trip (By reservation only)

## SUGGESTIONS ON SUMMER GEAR

**CLOTHING:** Plan to dress in lightweight layers. It will be chilly or cold in the morning and get warmer as the day goes along. Be able to peel off layers. Clothing should be comfortably baggy to allow freedom of movement and sufficient roominess in order to layer clothing.

**DUFFEL BAGS & PACKING:** All your gear should be packed in sturdy duffel bags except for your daypack, camera, fishing pole and tackle, raingear and a jacket. These items should be held out BEFORE our packers start to wrap and load your gear. Your sleeping bag can be packed in its stuff sack and mattress pads should be rolled

and strapped or tied. Fishing poles should be protected in hard tube cases. Poles be carried on the pack horses. We recommend labeling all gear with name or initials. Breakable items should be well-padded inside duffel bags. Please be sure and tell our packers which bags contain breakables BEFORE they start packing.

**WHEN FLYING IN:** Your possessions will usually arrive unharmed if you adequately pad any breakables. We suggest you lock the zippers. Be sure and check that the bag is correctly label for your destination. It doesn't hurt to ask the check-in person to double check. Place identification on the inside of the duffel as well.

**SLEEPING BAGS & PADS:** We recommend a bag filled with good quality of synthetic insulation that is rated to at least 20 degrees. It's possible for night temperature to dip near freezing even in the summer. "Down" bags are not recommended because if they get wet they will not keep you warm and are very hard to dry out. Mattress pads are a must. A good choice is a "Therm-a-Rest" or other foam type pad. Air mattress that you have to blow up do not work.

**DAYPACK:** This is a great way to keep your gear organized for day treks from camp. Most of the horses will have saddle bags and it will be easy to put your personal gear in them when on the horse. Plan on packing your daypack for the trip in and out.

**FOOTWEAR:** Bring well broken-in sturdy hiking boots if you plan to do much walking. Riding boots with a well defined heel are safer and usually more comfortable for riding. Wool socks with 100% cotton liners are great for feet sensitive to blisters or sweating. Tennis shoes or hard soled slip-ons are great for camp wear. Bring a few "moleskin" cushions if you are prone to blisters and pad touchy spots at the first sign of trouble.

**PERSONAL NEEDS:** We will provide a group first aid kit and trained certified personnel. If you regularly use items such as antacids, decongestants, rash or hemorrhoid ointment, eye drops, pain relievers, etc.. we suggest you bring your own supply. Sunscreen is a must. Please notify us of any special medical considerations i.e. diabetic, allergic to bee stings, etc...

**Cameras:** and equipment should have water-resistant and padded cases. We recommend you carry your camera with you as you'll probably want to take pictures of most our great country.

**RAIN GEAR:** This is a must! Bring good quality pants and jacket or poncho. Cheap plastic will tear easily. Be sure rain gear is large enough to fit over layered clothing.

**LONG JOHNS & STOCKING CAP:** A great thing to sleep in and will be handy if we run into some unusually cold weather.

**FISHING LICENSE:** Can be must be purchased locally before you pack in.

**SPECIAL DIETARY REQUEST:** Please let us know if you have specific needs when it comes to the food being served on the trip. We are happy to accommodate special request.

If you have additional questions that this information does not answer be sure and contact us at:

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